

**BOX 128, MASKWACIS, AB T0C 1N0**  
**Email: [OLSevenSorrows.Maskwacis@caedm.ca](mailto:OLSevenSorrows.Maskwacis@caedm.ca)**  
**Website: [ourladyofsevensorrows.com](http://ourladyofsevensorrows.com)**

**Pastor:** Rev. Fr. Garry LaBoucane, O.M.I.  
**Pastoral Assistants:** Sisters of Merciful Jesus  
 Deacon Leo Farley  
**Parish Pastoral Council Chair:** Helen Littlechild

**E- TRANSFER DONATION**

The Parish is now able to accept E-Transfer Donations!  
**e - transfer email:**  
**[OLSevenSorrows.Maskwacis@caedm.ca](mailto:OLSevenSorrows.Maskwacis@caedm.ca)**

We also request you to kindly **specify your e-transfer donation**, for example:  
*Sunday Collection, Candles, etc.*

*Thank you for the support!*

**HOLY FATHER'S INTENTION, FEB. 2024:**



**For The Terminally Ill**

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.

**Week's Parish Activities**

<b>Mon. Feb. 5 &amp; 12</b>	<b>Holy Mass 12noon</b>
<b>Tues. Feb. 6</b>	<b>Holy Mass 12noon</b> <b>Confirmation class 5-7pm</b>
<b>Tues. Feb. 13</b>	<b>Holy Mass 12noon</b> <b>No Confirmation class -instead come on Ash Wednesday Mass!</b>
<b>Wed. Feb. 7</b>	<b>Holy Mass 12noon</b>
<b>Wed. Feb. 14</b>	<b><u>Ash Wednesday, 7pm Mass</u></b>
<b>Thu. Feb. 8</b>	<b>No Mass</b> Adoration 6-8pm
<b>Thu. Feb. 15</b>	<b>Holy Mass 6pm</b> Adoration after Mass until 8pm
<b>Fri. Feb. 9</b>	<b>No Holy Mass</b> Adoration 6-7pm
<b>Fri. Feb. 16</b>	<b>Holy Mass 6:00pm</b> <b><u>Stations of the Cross after Mass</u></b>
<b>Sat. Feb. 10 &amp; Feb. 17</b>	<b>Holy Mass 10 am</b>



**WELCOME TO**  
**Our Lady of Seven Sorrows**  
**Catholic Church**

**HOLY MASS : SUNDAY 11:00 AM**

**Rosary 1/2 hour before Mass**

**WEEKDAY:**

**Monday - Friday 12:00pm** (confirm with actual bulletin!)

**Saturday 10:00am** (confirm with actual bulletin!)

**SACRAMENT OF RECONCILIATION:**

The days, when Holy Mass is celebrated - before or after Mass

**ADORATION**

**Thursday 6:00 - 8:00pm / Friday 6:00 - 7:00pm**

**5th Sunday in Ordinary Time**  
**4th February 2024**

**Gospel: Mark 1: 29-39**

*Every one is searching for you.*



Who do you take your troubles to? Jesus' disciples freely brought their troubles to him because they found him ready and able to deal with any difficulty, affliction, or sickness which they encountered. Do you allow Jesus to be the Lord and healer in your personal life, family, and community? Approach the Lord with expectant faith. God's healing power restores us not only to health but to active service and care of others. There is no trouble he does not want to help us with and there is no bondage he can't set us free from.

<https://www.dailyscripture.net/>

**6th Sunday in Ordinary Time**  
**11th February 2024**

**Gospel: Mark 1:40-45**

*If you will, you can make me clean.*



Jesus touched the leper who approached him and he made him whole and clean. Why was this so remarkable? Lepers were outcasts of society. They were driven from their homes and communities and left to fend for themselves. Their physical condition was terrible as they slowly lost the use of their limbs and withered away. They were not only shunned but regarded as "already dead" even by their relatives. This leper did something quite remarkable. He approached Jesus confidently and humbly, expecting that Jesus could and would heal him. Jesus not only grants the man his request, but he demonstrates the personal love, compassion, and tenderness of God in his physical touch. The Lord is always ready to show us his mercy and to free us from whatever makes us unclean, unapproachable, or unloving towards others.

<https://www.dailyscripture.net/>

## Sacraments OLSS : 2023 - 2024

**Children (up to 7) BAPTISM** *contact:*  
*Sr. Monika or Fr. Garry, O.M.I.*

**FIRST HOLY COMMUNION & RCIC**  
*Sr. Josefina*

**CONFIRMATION:**  
*Sr. Monika*

**RCIA (Rite of Christian Initiation for Adult)**  
*Sr. Josefina*

**MARRIAGE**  
*For more information, please contact:*  
*Fr. Garry, O.M.I. or Sisters*

## Upcoming Events . . .



**Start Feb. 16** Every **Friday of Lent** after Holy Mass at **6pm**;  
It is one of the great offerings, we can give to Jesus during this Lenten Season!

### LECTORS - February 2024

**Sunday, 4<sup>th</sup>** 1st: Gail Berliguette  
2<sup>nd</sup>: Elias Buffalo

**Sunday, 11<sup>th</sup>** 1st: Faith Soosay  
2<sup>nd</sup>: Gilda Soosay

**Ash Wednesday, 14<sup>th</sup> :**  
1st: Violet Soosay  
2<sup>nd</sup> : Agnes Buffalo



## What's Wrong With MAiD?

February 8, 2024

6:15 Mass, 7pm Event  
Our Lady of Perpetual Help Catholic  
Church, Sherwood Park

Learn how to articulate the evil of assisted suicide, how to approach this matter with truth and compassion, and how to advocate for change. **Admission is free.**  
*A Catholic Response to Euthanasia and Assisted Suicide* Join Den Larry Worthen for a Catholic discussion on the topic. Catholics called to educate and advocate against assisted suicide.

**Watch:** <https://www.youtube.com/watch?v=JRbEBC9XS88>

### HOSPITALITY:

**Feb. 11: Heather Morin & Family**  
**Feb. 18: Florence Ermineskin & Family**



**Expenses:** \$980.26  
Sunday Collection: \$ 661



## ASH WEDNESDAY February 14<sup>th</sup>

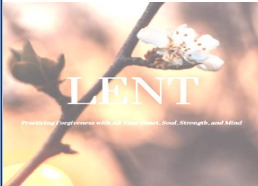


As the first day of **Lent**, Ash Wednesday awakens us to Jesus' entry into the desert preceding his death. **Remember:** There are **only two obligatory days of fasting and abstinence from meat in the Catholic Church: Ash Wednesday and Good Friday.**

**Fasting** is a sign of repentance and helps us embody our spiritual hunger for Christ, who himself fasted in the desert for forty days preceding his death and Resurrection. Catholics are also instructed to abstain from meat on each Friday during Lent.

**The ashes** symbolize our mortality. They are a physical reminder that our bodies will decay, but our souls will live on in eternal life. Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us, but also symbolize grief, in this case, grief that we have sinned and caused division from God.

Ash Wednesday is a great time to begin a renewed commitment to prayer. We begin our season of preparing our hearts for Easter by recognizing our brokenness and need for conversion, a turning of our hearts to God.



<https://hallow.com/>  
The main Lenten works are:  
**Prayer & penance, fasting and almsgiving.**

More about it in next bulletin!

## National Catholic Health Care Week Feb. 4-10

At the heart of Catholic health care is a deep respect for the intrinsic value and dignity of every human being and an unwavering commitment to serving all people, from all backgrounds and faiths – especially society's most vulnerable.

**Sunday, February 4 to Saturday, February 10, 2024** across Canada we will recognize the important work of Catholic health care organizations in our province and across Canada.

This year, we focus on the theme of **"Signs of Hope,"** which speaks to the courageous gift of Catholic health as a sign of hope in the world and offers words of blessing and hope to each person in their journey to care for themselves or others. It acknowledges and responds to the challenges faced in our communities as we continue our journey of recovery as a society and as Catholic health from the effects of the global pandemic.

### Online Resources:

1. Up Front with Abp. Smith: [caedm.ca/upfront](https://caedm.ca/upfront) or on YouTube, [@UpfrontArchbishop](https://www.youtube.com/@UpfrontArchbishop).
2. Canadian Catholic News (CNN) : [canadiancatholicnews.ca](https://www.canadiancatholicnews.ca)
3. [www.vatican.va](https://www.vatican.va) - official website of the Church
4. Visit [media.ascensionpress.com](https://media.ascensionpress.com) and [Formed.org](https://www.formed.org).